



## GREENWICH POINT DERMATOLOGY

### MICRONEEDLING +MICROINFUSION (with Aquagold)

#### PRE-TREATMENT INSTRUCTIONS

- Avoid microinfusion if pregnant or breastfeeding.
- Avoid alcoholic beverages at least 24 hours prior to treatment to decrease the risk of bruising.
- Avoid anti-inflammatory and blood thinning medications (aspirin, ibuprofen, vitamin E, Aleve etc.) for 2 weeks prior to your procedure, if possible, to reduce bruising and swelling.
- Schedule your appointment at least a few days prior to a special event for optimal results.
- Avoid applying makeup the day of the treatment.

#### POST-TREATMENT INSTRUCTIONS

- Any pinkness post-procedure will resolve in a few hours.
- Do not massage treated areas after treatment.
- Wear a broad-spectrum sunscreen with a minimum of SPF 30 daily.
- Avoid strenuous exercise for 24 hours. You may resume other normal activities/routines immediately.
- Return to your normal skin care routine later in the evening.

If you have any questions or concerns, please call our office at 203.764.2230.