



GREENWICH POINT DERMATOLOGY

NEUROMODULATORS (Botox, Dysport, Xeomin)

PRE-TREATMENT INSTRUCTIONS

- Avoid neuromodulators if pregnant or breastfeeding.
- Avoid alcoholic beverages at least 24 hours prior to treatment to decrease the risk of bruising.
- Avoid anti-inflammatory and blood thinning medications (aspirin, ibuprofen, vitamin E, Aleve etc.) for 2 weeks prior to your procedure, if possible, to reduce bruising and swelling.
- Schedule your appointment at least 2 weeks prior to a special event for optimal results.
- Avoid dental work, including teeth cleaning, 2 weeks before appointment to avoid potential infections.

POST-TREATMENT INSTRUCTIONS

- Apply ice packs for 15 minutes to minimize bruising and swelling.
- Moderate swelling, bruising, or redness will resolve in about a week.
- Do not massage treated areas for several hours after treatment.
- Avoid lying flat for 4 hours after your treatment to prevent toxin from tracking to undesired muscles.
- It can take up to 2 weeks for full results to be seen. If the desired result is not seen, you may need additional injections.
- Wear a broad-spectrum sunscreen with a minimum of SPF 30 daily.
- Avoid strenuous exercise for 24 hours to reduce bruising and keep toxin from migrating. You may resume other normal activities/routines immediately.
- Call immediately if you develop an asymmetric smile, facial muscle weakness, difficulty swallowing, or vision problems.

If you have any questions or concerns, please call our office at 203.764.2230.